



Our ref: WQ91830

Andrew R.T. Davies MS  
Member of the Senedd for South Wales Central

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17 April 2024

Dear Andrew,

Thank you for your written question asking how the Welsh Government is working to reduce the risk of burnout for people working in the Welsh NHS.

Through the National Workforce Implementation Plan, we are working in social partnership to develop guidance, standards, and resources to facilitate NHS Wales organisations' ability to offer more attractive flexible working options and patterns to support staff. Our aim is to create a healthy work-life balance, and ultimately contribute to improved health and a less stressful working environment.

A targeted focus on the health and wellbeing of NHS staff continues to be a priority. We are committed to ensuring staff can access proactive, high-quality support when they need, and we are working with health boards, NHS trusts and trade unions to understand how we can provide targeted funding and services to complement local support.

We work closely with the all-Wales NHS and social care health and wellbeing network, which is active in sharing best practice across organisations and workplaces to support staff's physical and mental health. Network members are currently developing a workforce health and wellbeing framework for NHS Wales, which was a commitment in *A Healthier Wales: Workforce Strategy*.

The Canopi service, which is funded by the Welsh Government and administered by Cardiff University offers free, non-emergency, confidential, mental health and wellbeing support to all NHS and social care staff working in Wales. More than 5,000 people have accessed and

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Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.

received support since April 2022. Further details are available at [Referral – Canopi \(nhs.wales\)](https://www.nhs.uk/referral-canopi).

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'M. E. Morgan'.

**Eluned Morgan AS/MS**

Cabinet Secretary for Health and Social Care

Ysgrifennydd y Cabinet dros Iechyd a Gofal Cymdeithasol